

Kempsville Camps

All of the grades specified below are for "rising" students, meaning your child is going into that grade in the 2019-2020 school year. A Virginia Beach City Public Schools Activity Camp – Parental Consent form must be filled out and submitted to the school prior to participating in any Kempsville Camps.

To register: Complete & mail one parental consent form and one registration form per camper along with full payment to the address below. Completed registration forms and parental consent forms are preferred by **June 10th**. Registration forms will be accepted through the first day of each camp based on availability. You may register for multiple camps on the same form for the same child. Please complete a separate form for each child attending. Refunds will be handled on a case-by-case basis. Camp questions can be emailed to: clockert@vbschools.com

<p align="center"><u>June 17-20</u></p> <p><input type="checkbox"/> Baseball - \$100 Monday - Thursday Grades 6-9 8:30am - 12:30pm</p> <p><input type="checkbox"/> Boys/Girls Soccer - \$125 Monday - Thursday Grades 1-9 8:30am - 12:30pm</p>	<p align="center"><u>June 24-28</u></p> <p><input type="checkbox"/> Entrepreneurship - \$125 Monday - Friday Grades 3-5 8:00am - 2:00pm</p> <p><input type="checkbox"/> Football - \$75 Monday - Thursday Grades 1-8 8:00am - 12:00pm</p>	<p align="center"><u>July 8-11</u></p> <p><input type="checkbox"/> Cooking Camp - \$125 Monday - Thursday Grades 6-9 8:00am - 3:00pm *Please note allergies</p> <p><input type="checkbox"/> Chess Camp - \$75 Monday - Thursday Grades 6-9 8:00am - 11:30am</p>	<p align="center"><u>Kempsville Volleyball Camp</u></p> <p align="center">Grades 9-12 Girls - July 24 - 26 Boys - July 31 - August 2</p> <p align="center">For registration contact Lee Stephens at lee.stephens@vbschools.com</p>
<p align="center"><u>July 29-August 1</u></p> <p><input type="checkbox"/> Field Hockey - \$125 Monday - Thursday Grades 3-9 8:00am - 11:00am</p> <p><input type="checkbox"/> Boys/Girls Cheer - \$85 Monday - Wednesday Grades 3-9 8:00am - 12:00pm</p>	<p align="center"><u>August 5-9</u></p> <p><input type="checkbox"/> Entrepreneurship - \$125 Monday - Friday Grades 6-9 8:00am - 2:00pm</p> <p><input type="checkbox"/> Cooking Camp - \$125 Monday - Thursday Grades 1-5 8:00am - 3:00pm *Please note allergies</p>	<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> <p>Please make all checks payable to Kempsville High School</p> <p>Mail to: Kempsville High School Attn.: Claudia Ockert 5194 Chief Trl Virginia Beach, VA 23464</p> </div>	

Camper's Name: _____

Parent/Guardian: _____ Contact Number: _____

Parent/Guardian Contact Email: _____

Emergency Contact Name: _____ Contact Number: _____

Tshirt: Youth S Youth M Youth L Adult XS Adult S Adult M Adult L Adult XL

Admin Use Only:
Name on Check: _____ Amount: _____ Check Number: _____

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Baseball Camp - This is a specialized camp to prepare players for success on the full size field and for high school baseball. Each day will consist of instruction, drills, and games that are used in high school and above to develop baseball skills and game awareness. Specific instruction areas will include: pitching, catching, infield, outfield, hitting, hitting for power, baserunning, controlling the running game, arm care, strength and conditioning. Spots will be limited to ensure each camper will receive group and individualized instruction to address their personal needs. Character development will be stressed throughout the week and players will be challenged to compete with integrity. This camp is limited to 40 players.

What to bring: All your baseball gear, water bottle, sunblock, indoor and outdoor shoes, snacks

Boys/Girls Cheer Camp - The Kempsville Varsity and JV cheerleaders and coaches will teach young athletes all the essential skills to lead the crowd and support the home team. Kempsville's clinic will ensure that each camper will learn cheers, proper hand and body movements as well as jumping techniques. There will be light stunting, and a big focus on fun while each cheerleader learns important life skills such as teambuilding and leadership. The day concludes with a choreographed performance and the chance to cheer at the August 29th home Varsity game.

What to bring: Water bottle & lunch. Wear comfortable clothing & gym shoes.

Boys/Girls Soccer Camp - This camp is designed for boys and girls ages 5 to 14 of all different ability levels looking for a rewarding and enjoyable experience. Our training environment is designed to develop individual skills in an atmosphere that promotes creativity, intensity, and fun. Our goal is to instill skills and techniques that players can take back home and be able to improve their play through individual practice.

What to bring: Water bottle, snack, sunscreen, soccer ball & shin guards. Wear gym shorts & gym shoes.

Chess Camp - Chess instruction and learning for tournament play or just for fun. Relaxed atmosphere. Snacks and drinks provided.

What to bring: Water bottle. Wear comfortable clothes.

Cooking Camp - Calling all kids, for a week of delicious and terrific, first-rate cooking! Young chefs will be given the opportunity to learn a new skill each day! Each time we meet, they'll put on their own camp apron and get cooking. Campers will prepare a different dish that will surely impress! Students will prepare a breakfast, lunch, dinner, snack and dessert! We'll cover fundamentals such as following a recipe, teamwork, measuring and mixing, and the importance of kitchen safety. At the end of camp, each young chef will receive their own notebook filled with recipes, pictures of their experiences and a cooking diploma. No flip flops – must wear tennis shoes. If child has long hair, they must bring a hair tie.

What to bring: Lunch. Wear comfortable clothes & closed toe shoes.

Entrepreneurship Camp - Learn what it takes to become an entrepreneur through this fun and interactive camp experience. Participants will be exposed to the design thinking process as they create and innovate new products and ideas all week. Students will have the opportunity to learn how to use the MakerBot 3D printer among the other technology items in the KHS Makerspace. Students will have the opportunity to meet and interact with real entrepreneurs who will visit to share their stories. This camp will provide your child with the basics and will end with a culminating pitch contest!

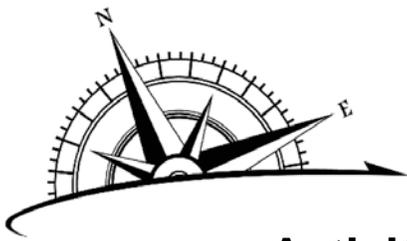
What to bring: Lunch. Wear comfortable clothes & closed toe shoes.

Field Hockey Camp - Learn the fundamentals of field hockey with an emphasis on being a good human being and a student's holistic health.

What to bring: Water bottle, lunch, sunscreen, hockey stick, shin guards & mouth piece. Wear tennis shoes, turf shoes or cleats.

Football Camp - The Kempsville football program will be holding a football skills camp to help young athletes develop skills for the upcoming football season. The camp will focus on individual position such as, QB, RB, WR, OL, DL, LB, DB, Kicker, Punter, Long Snapper. The athletes will be developed by members of the coaching staff and current football players. The athletes will be able to compete with 7 on 7 1on1, and OL games at the end off camp.

What to bring: Lunch. Wear athletic clothing, tennis shoes or cleats.



VIRGINIA BEACH CITY PUBLIC SCHOOLS CHARTING THE COURSE

Activity Camp – Parental Consent Form

School _____

Camp Dates: _____

Name: _____ Home Phone: _____
 Address: _____ Cell Phone: _____
 City: _____ E-mail: _____
 State: _____ Zip: _____
 School: _____ Height: _____ Weight: _____
 Activity: _____ Age: _____ Grade: _____

STATEMENT OF CONSENT

I/We, the undersigned, hereby certify that I/We, am/are the parents or legal guardians of the participant on this form. I/We hereby give permission for the camp staff to seek, during the period of camp, appropriate medical attention for the participant, for the attention to be given to the participant, and for the participant to receive medical attention and treatment.

I/We, the undersigned, understand that _____ (activity) is an active, physical sport and that injuries can occur. I/We assume all known and unknown risk of injury to my/our son/daughter. I/We hereby acknowledge that my/our son/daughter is physically fit and mentally capable of participating in _____ (activity) and all camp activities.

I/We waive, release, and discharge the School Board of the City of Virginia Beach, the school, the staffs, agents, employees, representatives, successors, and assigns for any and all liability claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, personal injury or property damage that may be sustained or occur during the participation or while at this camp.

The camp director reserves the right to dismiss students from the camp for inappropriate action or behavior with no refund.

My/our signature(s) indicate(s) that I/We have provided true information on this application, and understand all statements on this form.

Signature(s) of Parent(s) or Legal Guardian(s) _____

Date _____

CAMPER'S HEALTH INFORMATION

To be completed and signed by camper's parents or legal guardian.

_____ Asthma _____ Diabetes _____ Heart Disease _____ Rheumatic Fever

_____ Bleeding Disorders _____ Convulsions/Seizures _____ Head Injury/Concussions

Allergies to Drugs: _____ Allergies to Food: _____

Last Tetanus Immunization (date): _____

Current Medications: _____

Chronic or Recurring Illnesses: _____

Operations/Injuries (include dates): _____

Physical Restrictions*: _____

Physician Telephone: _____ Dentist Telephone: _____

Medical Insurance: _____ Policy Number: _____

I/We have read and I/We understand the camp program and application process, and will include a copy (front and back) of an insurance card for my/our son/daughter. Virginia Beach City Public Schools does not provide medical coverage for its students. An incident requiring medical attention is the responsibility of the parent or legal guardian through their personal medical insurance.

Parent(s) or Legal Guardian(s) Must Sign Here: _____